

*Hon. Mark Formby, Chairman  
MWCC*



Mark Formby served twenty-four years in the Mississippi House of Representatives as a member of the committees on insurance, energy, public utilities, marine resources, oil and gas, education, rules, revenue and expenditure, ways and means, and interstate cooperation. Mark has served as Chairman of the Insurance Committee, the Rules Committee, and the Revenue and Expenditure Committee. He was recognized as one of the top five "pro-economic development" legislators 24 years in a row and was ranked by liberty.org as the number one supporter of individual rights in the Mississippi Legislature!

From 1987 to 1990, Commissioner Formby served on the Washington, D.C. staff of United States Senator Trent Lott as his economic development and small business legislative assistant and then returned to Picayune to serve as executive director of the Chamber of Commerce. He has been in private businesses in Picayune for over twenty-five years. He graduated from Picayune Memorial High School and attended Pearl River Community College before receiving his bachelor's degree from Mississippi State University.

He has been active with numerous civic and volunteer organizations and served as state president of the Mississippi Jaycees and national vice president of the United States Junior Chamber of Commerce. Commissioner Formby is still active in community service and serves as a deacon and Sunday school teacher at First Baptist Church. He and his wife Rita have two children, Rebekah and Eli.

***Brian Tennant, MASI Board President  
The Taylor Group of Companies, Inc.***



Brian Tennant Leads the Human Resources effort for The Taylor Group of Companies which includes: Taylor Machine Works, Inc., Sudden Service, Inc., Taylor Defense Products, LLC, Taylor Leasing Corporation, Taylor Power Systems, Inc., and Taylor Logistics, LLC. This core business includes the production and service of superior quality, high capacity lift and power generation equipment with 1,200 employees and 21 service centers, which span across our nation from Miami, Florida to

Gillett, Wyoming.

Brian has practiced “Manufacturing Human Resources” in Mississippi for over 30 years. Employers preceding Taylor include; Haworth, Georgia-Pacific and Abitibi Bowater. He has unique insight from the employer’s perspective relating to Risk Management with emphasis in Safety and Worker’s Compensation.

Brian graduated from the University of Mississippi in 1984 with a Bachelor of Science Degree in Business Management. In 1986, he earned his Master’s Degree in Public Administration from Golden Gate University in San Francisco. In 2009, he earned his Senior Professional in Human Resources (SPHR) certification and remains current.

Brian began his career as Human Resources Manager at Haworth in 1990. In 2000 he was named HR Manager for Georgia Pacific. Before joining The Taylor Group, Inc., Brian worked as HR Manager at Abitibi Bowater from 2011 until 2014.

After undergrad and commissioning as a 2<sup>nd</sup> Lieutenant in the United States Army, Brian attended the Basic Officer’s Ordnance school in Maryland. He completed the Adjutant’s General Advanced Course (Human Resources Management) followed by the Command and General Staff College. The Department of the Army appointed him as an Inspector General, where he

served for five years at an Army Reserve unit located in Jackson, Mississippi. He, along with fellow soldiers from Clarksdale and Jackson, were activated and deployed during the Desert Storm and Iraqi Freedom campaigns. Brian retired from the Army Reserves in 2003 as a Lieutenant Colonel.

In 2014 Brian joined The Taylor Group, Inc. as Human Resources Manager. Shortly thereafter, he was nominated to MASI's Board of Directors. In 2015 he was named Vice President and was recently appointed as President of MASI. Brian also serves on the Mississippi Worker's Compensation Advisory Committee.

Brian and his wife, Cathy have two children, Kyle and Kelsey Lawrence, and four grandchildren, Kip, Ty, Ellie, and Calton.

***Dr. Rick Guynes, MD***  
***Jackson Heart Clinic***



Dr. Guynes completed his undergraduate degree at Vanderbilt University in Nashville, Tennessee, before earning his medical degree from the University of Mississippi School of Medicine.

He also completed his residency in internal medicine and fellowship in cardiology at the University of Mississippi Medical Center. He is board certified in internal medicine, cardiovascular diseases and interventional cardiology.

Dr. Guynes resides in Ridgeland with his wife Alison and their two sons.

***Hon. Beth Harkins Aldridge, Commissioner  
MWWC***



Beth Harkins Aldridge is a physical therapist and Commissioner representing the employee interest of the Mississippi Workers' Compensation Commission. She attended Mississippi State University from 1995 to 1997, and received her Bachelors of Science in Physical Therapy from the University of Mississippi School of Health Related Professions in 1999.

She has been a licensed practicing physical therapist for almost 18 years in a variety of health care settings including outpatient clinics, hospitals, long-term care and skilled nursing rehab facilities, assisted and independent living facilities, and school systems. She was appointed by Governor Phil Bryant in 2013 to the Mississippi State Board of Health and served until 2015, when she went on to serve in her current position as Commissioner at the Mississippi Workers' Compensation Commission.

***Todd Kwiatkowski, National Director of Business Development  
H-Wave***



I started my Healthcare career over 25 years ago as an EMT/Paramedic working in Pediatric Critical Care at the Arnold Palmer Hospital for Women and Children in Orlando FL. I went on to work as an Orthopedic PA for a number of years at a large orthopedic practice in Orlando before opening up a High Field MRI Center.

I've been involved in the Worker Compensation arena for about 13 years, most always with a focus on Opioid Reduction.

I plan to discuss most all of the recognized forms of Electrotherapy, (their capabilities and limitations) and how they can be used as an adjunct for

Prescription Pain Medication. I will also discuss Physical Therapy, Invasive Procedures, Injections, Surgery, and I'll go over facts and statistics regarding Opioids and Narcotics.

I have recently spoken about Opioid Reduction at the following conferences:

Florida Self Insured Association

Alabama Self Insured Association

Alabama Work Comp Association

North Carolina Self Insured Association

Georgia Work Comp Association

Mississippi Association of Self Insured

Indiana Association of Occupational Health Nurses

South Carolina Association of Occupational Health Nurses

***Wajde Dabah, MD, Medical Director***

***Pain Therapy Associates, Anesthesiology & Pain Medicine***



Wajde Dabah, MD, is a double board-certified anesthesiologist and pain medicine specialist. He has special expertise in spinal cord stimulation as well as treatment of complex regional pain syndrome, musculoskeletal pain and peripheral neuropathy.

Dr. Dabah believes that chronic pain is a disease no different than hypertension or diabetes and that with time, commitment and partnership with his patients, they will take back control of their lives and overcome their chronic pain.

Dr. Dabah is also the medical director for transcranial magnetic stimulation, innovative technology for the treatment of depression.

Double Board-Certified: American Board of Anesthesiology, American Academy of Pain Management

Fellowship: Pain Medicine, University of California, San Francisco

Residency: Anesthesiology, University of Chicago

MD: Wayne State University School of Medicine

Member: American Society of Anesthesiologists, American Society of Regional Anesthesia & Pain Medicine, American Academy of Pain Medicine, International Association for the Study of Pain, North American Neuromodulation Society

**Scott D'Aunoy, Senior Benefit Consultant**  
**HUB international Limited**



Scott, who joined the HUB team in 2004, serves as an Employee Benefits Consultant for clients in the financial, medical, higher education, marine, construction, healthcare, and public industry sectors and acts as Best Practice Leader for consulting in the Gulf South region. He also sits on HUB's National Employee Benefits Best Practices Task Force where he collaborates with other leaders from around the country and brings best practices and lessons learned in the national environment to HUB's local client base. Scott is passionate about strategic planning with clients to optimize benefits programs by marrying cost management, employee engagement, contribution strategies, benefits technology, and innovative solutions from vendors in the market. Scott has experience with plan management across the spectrum of funding strategies and has worked with clients to implement on-site clinics, telemedicine, and innovative disability insurance programs. Scott graduated Summa Cum Laude from the A.B. Freeman School of Business at Tulane University.

*Laura Nail, C-FNP, Chief Nursing Officer  
Vigilant Health*



Laura Nail is a board-certified family nurse practitioner with over 18 years of nursing experience. Her background includes family practice, cardiology, and chronic pain management. Since joining Vigilant Health in 2015, Laura has been named the Chief Nursing Officer, and has helped develop the Nurse Navigator role, a role specific and central to the success of the company. The Nurse Navigator provides high quality care as well as direct communication to patients regarding their health and navigation of the health care system. This combination of open communication and high-quality care has been proven to improve overall health of the patient and decrease health care costs to the client. Laura's role is to ensure standardization of practice through training and building close relationships with the Nurse Navigator at each location.

Laura received her BSN from Mississippi College in 2000, and her MSN from University of South Alabama in 2009. She enjoys endurance sports completing four full marathons and multiple triathlons since 2011 including four half ironman distance triathlons.

*Joyce M. Plunkett, SHRM-CP, PHR, FLMI, ACS*  
*VP of Human Resources*  
*Southern Farm Bureau Life Ins. Co*



Joyce began her career at Southern Farm Bureau Life Insurance Company in 1981 after earning a degree in business education from Mississippi State University. She worked for two years as an office assistant in corporate training before moving to human resources. During her years in human resources, Joyce has held several positions and was named Human Resources Manager in 2002 where she has been responsible for recruiting, payroll, employee relations, benefits, compensation, and EEO compliance. In January of 2014, Joyce assumed the additional responsibility of managing administrative services and was later promoted to Director, Human Resources in December of 2014. In March of 2016, Joyce's responsibilities increased to include managing mail services, warehouse, facilities management, printing, fleet management, building security, OSHA compliance and the on-site health clinic. Joyce was promoted to Vice President, Human Resources in February of 2018 and gained responsibility for the corporate training and communication department.

Joyce is accredited by the Human Resources Certification Institute and earned the Professional Human Resources (PHR) designation as well as the Society of Human Resource Management Certified Professional (SHRM-CP) designation. Other credentials held by Joyce include the Fellow Life Management Institute (FLMI) and the Associate Customer Service designation (ACS).

Joyce was named 2010 Human Resources Professional of the Year for the state of Mississippi. Also, Joyce was named one of the 50 Leading Business Women in Mississippi for 2010 by the Mississippi Business Journal. She served on the board for the Capital Area Human Resource Association (including president) as well as the Mississippi HR State Council. Joyce is a member of the Mississippi Association of Colleges and Employers. She is currently a member of the Human Resources Executive Panel for Life Office



Management Association. She is active in Executive Women International, life member of the Junior Auxiliary of Madison/Ridgeland, served as president and other various roles of the auxiliary board for The Mustard Seed and has volunteered with many local non-profit organizations that serve the metro Jackson area. Joyce volunteers at schools to provide expertise related to the human resources profession and promotes our company at events. Joyce lives in Madison with her husband Bruce and has a daughter, Emily and a son, Jackson.

***Murray Harber, Executive Director  
MS Business Group on Health***



Murray L. Harber is the Executive Director of the Mississippi Business Group on Health, a coalition of more than 70 Mississippi employers that seek continuous improvement in the quality and cost effectiveness of health and health care through shared solutions. He is a national speaker for several large pharmaceuticals and business organizations on value-based benefit design, employee health management, and maximizing human performance

in athletics.

Murray has a Bachelor of Science Degree in Education majoring in Human Performance and Sports Studies from the University of Tennessee at Knoxville. Murray's began his career serving as a strength and speed coach before moving into employer-based health center management. He has developed award winning employer health and wellness programs including Southern Farm Bureau Life Insurance Company (SFBLI), the University of Minnesota, Hennepin County, MN, Park Nicollet Health Services, and UAW Ford Motor Company. He is a columnist for the Mississippi Business Journal, HR Professionals Magazine, and other publications.

***Hon. Mike Chaney***  
***MS Insurance Commissioner***



Mike Chaney, a Tupelo native and long-time resident of Vicksburg, is Mississippi's Insurance Commissioner. Prior to taking office in January 2008, Commissioner Chaney served seven years in the Mississippi House of Representatives and eight years in the Mississippi Senate, where he was the first Republican to serve as Chairman of the Education Committee. Commissioner Chaney also served as a key member of the Senate Insurance Committee and Chairman of the Senate Education Committee. He is a graduate of Mississippi State University with a Bachelor of Science degree in Business and Finance and is a veteran of the United States Army, serving in Vietnam from 1968-69. He is married to Mary Thurmond Chaney, and the couple has three married children and eight grandchildren.

***Dr. Neely Berry, DC, Chiropractor***  
***Foxworth Chiropractic***



After growing up in the Mississippi Delta, Dr. Berry pursued a career in healthcare at Logan College of Chiropractic in Chesterfield, MO where she received her Doctorate of chiropractic and a Master's in Sports Science and Rehabilitation. Her Master's degree was completed with an internship serving as Strength and Conditioning coach for Mississippi Valley State University's women's basketball team in Itta Bena, MS.

While in school, Dr. Berry participated in research on chiropractic treatment and pregnancy. Dr. Berry practiced in Cleveland, MS prior to joining our practice in 2013. She currently serves as the Secretary for the Mississippi Chiropractic Association.

- Patient Rehabilitation
- Social Media in an EHR World
- Scoliosis, Theory, Leg Length, Clinical Lessons
- Placebo, Radical Effects of the Treatment of Pain

### Qualifications

- Member: Mississippi Chiropractic Association
- Licensed by: Mississippi Board of Chiropractic Examiners
- Certified by: National Board of Chiropractic Examiners
- Registered Medical Examiner on the Federal Motor Carrier Safety Administration's National Registry of Certified Medical Examiners
- ChiroHealthUSA provider

### *Warren Herring, President and Owner TrustCare Health*



As President and Owner of TrustCare Health, LLC, Warren Herring has led the company from a single clinic start up in 2012 to one of the largest independent urgent care groups in Mississippi. TrustCare currently owns and operates five walk-in/urgent care clinics and one heart clinic. Growth is very much on the horizon as new locations are currently under construction in Hattiesburg and Clinton with eleven additional sites in various stages of development. His passion for high quality patient care and exceptional customer service has helped TrustCare earn a positive reputation within the communities they serve and has positioned the company for expansion into new markets. Warren attributes this accomplishment to the dedication, compassion, and commitment of the TrustCare team.

Warren was named as a Top 10 finalist in the Mississippi Business Journal's Top 50 under 40 competition. He is active in numerous community and charitable organizations. He served on the Executive Leadership Team for the American Heart Association and is a proud supporter of the American

Cancer Society, Fellowship of Christian Athletes, and Compassion International.

Warren is a 2007 graduate of Samford University where he received a B.A. degree in Accounting. In 2010, Mr. Herring completed a Master of Business Administration degree from Tulane University's Freeman School of Business. He was accepted as a Conditional Member of YPO Southern 7 in October 2018.

Warren is married to Dana Herring, his wonderful wife of 11 years. They are the proud parents of four-year-old twins, Hughes and Eliza, and a two-year-old daughter, Eleanor.

***Dr. Micah Walker, MD, Founder  
New Care MD***

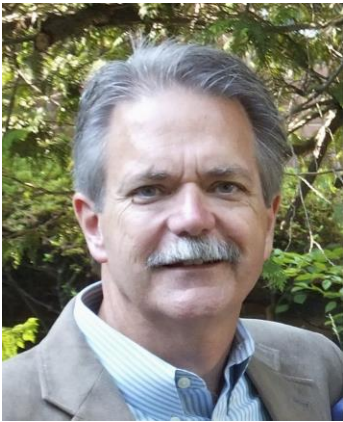


Dr. Micah Walker is hailed as a prominent voice in Mississippi who is leading the charge to transform the healthcare landscape in America. Like many of his colleagues, Walker went to medical school to help people, but he soon discovered that the demands from insurance companies and government regulations created a barrier between he and the very people he longed to help—his patients.

A visionary and innovator at heart, Walker began to look outside the “box” for ways to break this barrier between doctor and patient. His solution—Direct Primary Care through NewCareMD: A new way to care for patients that focuses on the patient while restoring the doctor/patient relationship through easy access and transparent pricing.

Dr. Walker is certain that the Direct Primary Care model allows doctors to practice medicine the “old way” by building strong relationships with patients. By practicing medicine through Direct Primary Care doctors provide a very different experience than the typical medical clinic.

*Jed Constantz, Dr. B.A., Healthcare Strategy Consultant, Medical Home Primary Care*



As a Healthcare Finance and Delivery Strategic Consultant, Dr. Constantz ensures existing and prospective clients receive maximum value from current and future strategies and initiatives. In previous roles, Jed advised employers on measures to develop regional and community-based physician accountability and commitment through means of enhanced benefits and reduced costs; with the significant benefit of creating sustained loyalty between providers, patients and payers. He has successfully offered strategies that built on four pillars: actionable data, physician alignment, high-risk member targeting and network re-engineering.

Having begun his career on the payor's side of healthcare (Blue Cross/Blue Shield of Central New York), Dr. Constantz has served in several positions for hospitals, home health agencies, physician organizations and physician/hospital organizations. Over his 30 plus years in healthcare, Jed has developed tools and resources for primary care providers and employers seeking to reduce costs, drive greater efficiency and quality outcomes and thereby create a "featured-and-favored" network in their regions and community. This process includes a deep focus on the selection of the right community of primary care physicians and specialists, a thorough audit of existing patient and population data, commitment to accountable care standards and improved compensation for the physician.

The end-objective is a better healthcare delivery model with an alignment of "enlightened self-interests" and a balance between rewards and value for the employer, employee and provider. For the employer, the financial benefits are immediate with on-going healthcare savings, a healthy workforce, and improved physician relationships. The provider can see greater patient volumes, improved care standards and compensation tied to performance. The employee will feel an improvement in care and attention, benefit with reduced out-of-pocket expenses and sense a higher level of satisfaction.

*Dr. Jeff Summers, MD,  
NewSouth NeuroSpine*



Dr. Jeff Summers graduated from Ole Miss and attended medical school at the University of Mississippi Medical Center. He did an internship and residency in anesthesiology at Brooke Army Medical Center in San Antonio, Texas. Dr. Summers enjoys having personal interactions with his patients and chose to study spine intervention over a less personal field of practice like operative anesthesiology. He

completed a fellowship in pain management at the University of Texas Health Science Center and a fellowship in advanced spine intervention at the Pain Relief Institute and Walton Centre for Neurology and Neurosurgery in Walton, England.

Dr. Summers' medical career is exclusively concentrated on spine intervention. He has many national and international connections to the specialty and has served on the Board of Directors. He is also a Past President of the Spine Intervention Society.

Dr. Summers' outside interests include biking, trail hiking, and fishing, particularly when he can get back to where he grew up on the Gulf Coast.